

WHAT TO DO WITH DAILY SINS

Psalm 32:1-5

January 28 2022

INTRODUCTION: Christians often fail to realize that their sins must be taken care of on a continual, daily basis so we can maintain the much-desired closeness to the Lord and have the power to stay pure, holy, and clean before Him. Psalm 32 gives the sinning saint the process for getting our relationship with God back to where it ought to be.

1. CONFESSION *"I acknowledged my sin unto thee..."* (Psalm 32:5).

Confess: To say with someone (Always true). *"That if thou shalt confess with thy mouth the Lord Jesus..."* (Romans 10:9). This is said in agreement with God.

Profess: What we say for others to hear. (This can be true or false). (1 Tim 6:12, 6:20-21, 2:10, Rom 1:22).

It is personal: *"I acknowledged MY sin..."*

It is specific: You are naming your sin (Leviticus 5:5 *"he shall confess that he hath sinned in THAT thing"*). It goes beyond, *"Lord, I'm a sinner."* You're saying, *"Lord, I sinned when I did THAT thing."*

2. UNCOVER *"and mine iniquity have I not hid."*

When we sin, we are covering up:

Each example follows the same pattern:

Eve and the forbidden fruit (**Gen 3:6-8**)
(**Job 31:33**).

The lust of the eyes
The lust of the flesh
The pride of life
(1 John 2:15)

Achan & the forbidden objects (**Josh 7:19, 21**).

David with Bathsheba (2 Sam 12:12).

Bible verses on covering your sins:

Proverbs 28:13 (Until we confess our sin, we are covering up).

Proverbs 30:20 (denying that you sinned is the same as covering it up).

Hosea 13:12 (When you hide your sin, it is bound up and becomes a part of you).

Acts 19:18 (The Ephesians confessed and showed their deeds).

3. CONFRONTATION “*I said, I will confess my transgressions unto the LORD.*” (Psa 32:5)

- a. It is unpleasant to come face to face with God and talk about our sins.
 - b. But as long as you keep silence concerning your sin, your guilt will torment you (**Psalm 32:3-4**). (2 Sam 11-12).
 - c. We must acknowledge that our sins are committed against God (**Psa 51:3-4**).
 - d. We ought to truly be sorry for our sin (**Psa 38:18**). It is stressful and humiliating to confess our sins, but that is what we must do if we want to stay clean and in fellowship with God.
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4. CLEANSING “*Thou forgavest the iniquity of my sin.*” (Psa 32:5)

- a. When we humble ourselves before God, confess our sins and our unworthiness to be His child, then we come to find out how compassionate and merciful He is as He welcomes us back into sweet fellowship (**Luke 15:17-24**).
 - b. Forgiveness and cleansing follow confession (1 John 1:9).
 - c. We may not remember all our sins as we confess to God. In that case we can pray something similar to Psalm 139:23-24, “***Search me, O God...see if there be any wicked way in me...***”
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