CASTING OUT FEAR

Christian Character in Action: Lesson 14

27 May 2022

1 John 4:18 "Fear hath torment." The more you occupy your time with things that you fear, the more you will be tormented. The bible tells us to "fear not" 98 times. Joshua 1:8-9 "Be not afraid...for the LORD thy God is with thee..." Turning our thoughts toward God's presence will helps us to be courageous. (Hebrews 13:5). 1 Chron 28:20 Again, we are admonished to remember that God is with us as we serve Him. Psalm 27:1-2 We have no reason to fear our enemies because we have God. Psalm 46:1-3 If you abide in God, you have no reason to fear the news reports about approaching doom and disaster. The bible tells us the future of this earth. Stick with the bible and avoid fear. Psalm 118:4-6 Remembering that the Lord is on your side helps you to not fear what men might do to you. John 14:25-27 Jesus instructs us to not let our heart be troubled or afraid. Remember that there is no advantage to fear. • Remember that you've got the Holy Ghost to comfort and direct you. **Deut 28:58** God wants His people to read His word and to fear Him. What if you don't fear God? No rest, a trembling heart, failing eyes, 28:65-67 sorrow of mind, fear of dying, no peace, day or night. Fear robs you of enjoyment of life. Prov 1:32-33 Fools die in prosperity because they don't appreciate what they have.

Prov 29:25 The fear of man renders Christians incapable of serving the Lord. It is a hindrance to their day-to-day living. The Lord wants us to trust Him for safety and not worry about what might happen tomorrow (Mat 6:34).

Hearkening unto God will calm you down so you don't fear evil.

- Mat 10:28-30 Don't worry that somebody might kill you. Fear God; He's watching over you.
- Luke 21:26 People make themselves sick, stressing about world events. Turn off the news and get well. Fear is not healthy.
- **Psa 56:9-11** What is the cure for fear? Trusting the Lord.
- Prov 3:21-26 Fear will make you restless and steal your sleep. Trust the Lord; your sleep will be sweet. You can't avoid "sudden fear" (vs 25), but you can move on and not dwell on it.
- Mat 14:23-31 When Peter's eyes were focused on Jesus, he was calm; he was able to walk on the water. When he turned his focus off of Jesus and toward the storm, he became afraid and began to sink.

Don't let your circumstances occupy your thoughts. Look to Jesus and be amazed at what you'll be able to accomplish (out of the ordinary).

CAUSE AND EFFECT

- Job 22:10 The cause of fear is often something that happens suddenly, such as bad news.
- **Psalm 56:3** Times of fear ought to immediately turn our thoughts to the Lord, whom we know we can trust.

God does not command us to never be afraid. His command is to move as quickly as you can away from that sudden fear by trusting the Lord.